

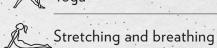
PANAYIOTIS

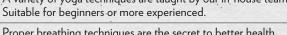


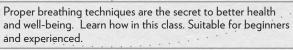
info@casalepanayiotis.com

Experiences

Foodie			
Halloumi-making workshop*	Learn how to make the famous cypriot national cheese with local villagers Mrs Maria and Mrs Yiota.	2 hrs	2
Spoon-sweet workshop*	Learn how to make these traditional sweet preserves, served spoon-size as a gesture of hospitality, made from a variety of local fruits.	2 hrs	2
Wine-tasting	Be shown the ins and outs of cypriot wine-making in our subterranean wine-cellar. Includes a fruit or deli sharing platter.	2 hrs	2
° Orchard tour	Be shown around our working orchards and pick a basket of seasonal fruit. Enjoy a glass of homemade lemonade under the cool of the olive trees.	2 hrs	
Traditional delicacies workshop*	Find out how traditional delicacies have been prepared for centuries in the traditional Marathasa style, with a visit to a local cottage industry making soutzouko, honeyed nuts or pastelaki.	2 hrs	<u> </u>
Adventurer			
) Mountain biking	Hire a bike for the day and set off on one of the many varied routes. Helmet and GPS provided.	6-8 hrs	
Rock-climbing*	Really get to feel the mountains! Experienced guides will show you the ropes. Suitable for beginners and experienced rock climbers.	4 hrs	
Abseiling*	Abseil into the Marathasa valley. Experienced instructors will guide you. Suitable for beginners or experienced rock climbers.	2 hrs	
व्यव्यव्यव्यव्यव्यव्यव्यव्यव्यव्यव्यव्यव	Take a tour into the wilderness of the Paphos forest on little-used dirt roads on your own quad-bike. Lunch included. Experienced drivers will guide you. Helmets provided. Driving licence required:	3 hrs	
Nature trails	Pick up a map and explore one of the many local trails or venture further into the Troodos range.	Varies	
Packed lunch	Be sure to order your packed lunch for your day in the mountains!		
Cultural			
Guided local walking tour	Take a stroll around Kalopanayiotis with our friendly local guide. Visit the abandoned water mill, taste the natural sulphur-spring water, marvel at the wonderful frescoes of St John Lampadistis monastery and learn about the miraculous tree at Theoskepasti Chapel.	2 hrs	
Bees & honey workshop*	Marathasa valley is famed for its fragrant local honey. Learn about the art of beekeeping from local villagers and find out what makes our honey so special.	2 hrs	
Basket weaving workshop*	Mrs Aliki, our skilful basket weaver, will teach you this ancient art of Cyprus.	2 hrs	- -
Choice of recommended day excursions (self-guided)	Our reception team can advise you on a variety of day trips including a tour of the UNESCO-listed painted churches of Cyprus, a visit to Kykkos or Trooditissa monasteries or scenic routes through the Troodos range: Own transport required or local taxi service is availab	Varies le.	
Wellness			
Yoga	A variety of yoga techniques are taught by our in-house team.	(55 min	28

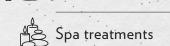


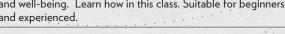








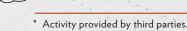






Varies





See current Myrianthousa spa treatment menu.