



CASALE PANAYIOTIS

## Experiences

Discover a range of unique experiences tailored for food lovers, adventurers, cultural explorers, and wellness enthusiasts. Visitors are encouraged to respect cultural and natural heritage sites by following guidelines, avoiding contact with objects and artworks, and preserving these landmarks for future generations.

### Foodie Experiences

	Halloumi-making workshop	Join local villagers in learning the traditional process of making Cyprus' beloved national cheese. Participate in the preparation, including tasting fresh goat milk, anari cheese and warm halloumi. Take your homemade halloumi away with you to enjoy!	 2 hrs	 2-12
	Spoon-sweet workshop	Discover the art of making preserved sweets from a variety of local fruit, traditionally served as a gesture of hospitality.	 2 hrs	 2-12
	Orchard tour	Be shown around our working orchards, pick seasonal fruit and relax with a glass of homemade lemonade beneath the olive trees.	 2 hrs	 2-8
	Traditional delicacies workshop	Visit a local cottage industry to see how Marathasa-style treats like soutzouko, honeyed nuts, and pastelaki are made.	 2 hrs	 2-12

### Adventure Experiences

	Mountain biking	Rent a conventional bike or an e-bike for a half or full day to explore the mountain routes. Helmet and GPS provided.	 4 or 8 hrs	 1-4
	Abseiling	Descend into the Marathasa valley with expert instructors, open to beginners and experienced climbers.	 2 hrs	 2-15
	Quad-bike safari	Ride through the Marathasa wilderness on forest roads with a guided quad-bike safari. Helmet provided. Driving licence required.	 3 hrs	 1-8
	Nature trails	Pick up a map and set off on scenic local trails or explore deeper into the Troodos range.	 Varies	 Any

### Cultural Experiences

	Guided local walking tour	Explore Kalopanayiotis with a knowledgeable local guide, visiting sites of interest including the abandoned water mill, natural sulphur springs and the frescoed St. John Lampadistis Monastery.	 2 hrs	 2-15
	Bees & honey workshop	Pour your own honey, try your hand at beekeeping and learn the secrets of Marathasa honey from local beekeepers.	 2 hrs	 2-12
	Pottery Workshop	Discover the art of pottery in a hands-on workshop at Casale Panayiotis. Guided by a local artisan, you'll learn the techniques to create your own unique ceramic piece. Suitable for all skill levels.	 2 hrs	 2-12

### Wellness & Relaxation Experiences

	Yoga	Participate in yoga sessions led by our in-house instructors, suitable for all levels.	 55 min	 2-8
	Stretching and breathing	Learn proper breathing techniques to enhance overall well-being.	 25 min	 2-8
	Spa treatments	Enjoy a range of treatments at the Myrianthousa Spa. Check the current spa menu for available options.	 Varies	 1-2
	Personal or Private-group training	Elevate your fitness with a tailored personal training session in the tranquil setting of Casale Panayiotis. Whether you seek strength, flexibility, or endurance, a certified trainer will design a workout to reach your goals.	 60 min	 1-4



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### Wine Experiences

	<b>Self-Guided Tasting</b>	Discover Marathasa Wines at your own pace. Select a wine flight to be served at your table and enjoy at your leisure. A tasting card with explanatory notes will guide you.	 90 min	 1-12
	<b>Guided Tasting</b>	Enjoy a tasting of a selection of fine wines at Marathasa Wines, expertly guided by a knowledgeable wine host. Includes a further table reservation after the tasting experience to enjoy the incredible surroundings and more of your favourite wine!	 30 min	 1-12
	<b>Group Tour &amp; Tasting</b>	Stroll through vineyards to discover the journey from vine to wine and the people and passion behind Marathasa Wines, then enjoy a tasting of a selection of fine wines at Marathasa Wines, expertly guided by a knowledgeable wine host. Includes a further table reservation after the tasting experience to enjoy the incredible surroundings and more of your favourite wine!	 75 min	 1-12
	<b>Private Walking Tour with Tasting</b>	A private experience for you and your friends at Marathasa Wines through picturesque vineyards whilst learning what makes Marathasa Wines so special, followed by a tasting experience of a selection of fine wines.	 2 hrs	 1-12*
	<b>Luxury 4x4 vineyard tour &amp; tasting</b>	The ultimate wine experience at Marathasa Wines! Head up to the highest vineyards with panoramic views across Cyprus to learn the secrets of the terroir. Includes a spectacular vineyard tasting experience before returning to the winery to relax at your leisure. (Subject to weather)	 3 hrs	 1-8

### Optional add-ons for all activities

	<b>Packed Lunch</b>	Pre-order a packed meal to enjoy during your mountain adventures.
	<b>Casale Panayiotis Sun Hat</b>	A stylish and practical Casale Panayiotis hat, designed for guests participating in outdoor experiences. This hat offers sun protection and comfort.
	<b>Walking Map of Marathasa</b>	A detailed 1:25,000 map, designed for guests exploring the scenic trails in the Marathasa area. This map highlights key routes, viewpoints, and cultural landmarks, offering a self-guided adventure through the stunning Troodos mountains.
	<b>Casale Panayiotis Insulated Flask</b>	Perfect for staying hydrated during activities, hikes and wellness experiences. Designed for convenience and sustainability.
	<b>Shuttle Ride</b>	Shuttle from and to the winery from Casale Panayiotis can be pre-arranged

Note: \* Some activities are offered by third-party providers and may require advance booking.

INFORMATION AND BOOKINGS

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 [reservations@casalepanayiotis.com](mailto:reservations@casalepanayiotis.com)

 255 from your room